

NSS Subject : PE Elective

	Question	Answer
1. English version	What are the benefits of studying the PE Elective?	<ul style="list-style-type: none"> • PE is essential for whole person development. • It enriches students' knowledge of PE, sport and recreation, and fosters the adoption of an active and healthy lifestyle. • It develops students' generic skills as well as values and attitudes, enhances the capability of learning to learn, and lays a solid foundation for lifelong learning. • It equips students with scientific inquiry and reflective thinking mind and helps them to build a strong foundation for further education in a wide range of science, humanities and social science subjects.
Chinese version	修讀體育選修科有甚麼得着？	<ul style="list-style-type: none"> • 體育是全人教育不可缺少的重要一環。 • 增強體育、運動和康樂方面的知識，有利落實活躍及健康的生活方式。 • 發展共通能力、培養正面的價值觀和態度、強化「學會學習」能力，鞏固終身學習的基礎。 • 培養科學探究精神及反思能力，為將來在科學、人文及社會科學等不同領域進修打下良好基礎。
2. English version	How is the PE Elective different from the previous PE examination syllabus at the Hong Kong Certificate of Education?	<ul style="list-style-type: none"> • There are three newly added topics, namely movement analysis; psychological skills for PE, sport and recreation; and sport and recreation management. More emphasis is put on the concept of physical fitness and health. The content of the PE Elective has greater breadth and depth.
Chinese version	體育選修科與舊有的中學會考體育內容有甚麼分別？	<ul style="list-style-type: none"> • 增加了「動作分析」、「體育、運動及康樂相關心理技能」和「運動和康樂管理」三個部分。加強了體適能和健康相關概念部分。整體上增加了課程的寬度和深度。
3. English version	Are there optional Parts in the PE Elective?	<ul style="list-style-type: none"> • No. Students are required to study all 9 theoretical Parts of the curriculum such that they can acquire PE knowledge of different aspects and build a strong foundation for further education in a wide range of science, the humanities and social science subjects.

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Chinese version	體育選修科課程是否有選讀部分？	<ul style="list-style-type: none"> 沒有。學生須學習該課程的全部內容，以涉獵不同範疇的體育知識，為將來在科學、人文及社會科學等不同領域進修打下良好基礎。
4. English version	What is the difference between the PE Elective and Other Learning Experience – Physical Development (OLE-PD)?	<ul style="list-style-type: none"> PE Elective is an examination subject leading to the Hong Kong Diploma of Secondary Education. It helps students to integrate physical skills into theoretical learning and develop a good foundation for further studies in the areas of science, the humanities and social science. OLE-PD aims to develop student's knowledge, skills and attitudes for an active and healthy lifestyle. It is also labelled as "General PE" and constitutes at least 5% of the total lesson time. All students are entitled to have OLE-PD.
Chinese version	體育選修科與「其他學習經歷 — 體育發展」有何分別？	<ul style="list-style-type: none"> 體育選修科是香港中學文憑考試科目，其目的是幫助學生把體育技能融入理論學習，俾能在科學、人文及社會科學打下良好基礎，為升讀專上教育課程做好準備。 「其他學習經歷 — 體育發展」又稱「一般體育課程」，其目的是幫助學生發展相關的知識、技能和態度，以實踐活躍及健康的生活方式。
5. English version	How much lesson time should be allocated to the PE Elective and Other Learning Experience – Physical Development (OLE-PD)?	<ul style="list-style-type: none"> About 10% of the total lesson time (i.e. 270 hours in 3 years) should be allocated to the PE Elective. At least 5% of the total lesson time (i.e. 135 hours in 3 years) should be allocated to OLE-PD.
Chinese version	應分配多少課時予體育選修科和「其他學習經歷 — 體育發展」？	<ul style="list-style-type: none"> 體育選修科應佔總課時約 10% (即三年合共 270 小時)。 「其他學習經歷 — 體育發展」應佔新高中總課時的最少 5% (約 135 小時)，所有學生都應享有這學習經歷。
6. English version	Should the learning and teaching of the PE Elective follow strictly the sequence of the	<ul style="list-style-type: none"> The sequence of the listed content represents a progress from less to more difficult topics. However, teachers are encouraged to design school-based teaching schedules according to the needs and interests of their students as well as the contexts of

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	listed content?	their learning environment.
Chinese version	教學是否要跟隨各部分的次序編排？	<ul style="list-style-type: none"> 各部分是按照其內容的深淺程度、從較易至較難順序列出的；教師可根據學生的需要、興趣以及學習環境因素，編排校本學習進程。
7. English version	Should the allocation of lesson time to different Parts follow strictly the weightings as indicated?	<ul style="list-style-type: none"> The weightings of various parts are meant to be applicable to general situations. Teachers may make appropriate adjustments according to the needs and special circumstances of their school. In addition, teachers should help students to make good use the General PE (i.e. Other Learning Experience - Physical Development), which constitutes 5% of the total lesson time.
Chinese version	關於各理論部分的建議課時是否必須依循？	<ul style="list-style-type: none"> 各理論部分的建議課時適用於一般情況，教師可根據校本情況及需要作適當調整。 此外，教師應充分利用一般體育課(即「其他學習經歷-體育發展」)所佔總課時的 5% 學習時間，以提高學與教的成效。
8. English version	Does this subject specially cater for the athletic students and is it skill oriented?	<ul style="list-style-type: none"> All students will benefit from studying the subject and will become more self-regulated in living an active and healthy lifestyle.
Chinese version	體育選修科是否專為運動員而設立，並以技能學習為主？	<ul style="list-style-type: none"> 體育選修科並非為運動員而設，它對所有學生均有裨益。修讀體育選修科，學生將更加能夠自我調控地實踐活躍及健康的生活。
9. English version	Is this subject very theoretical?	<ul style="list-style-type: none"> Learning of the subject is problem-based and focuses on helping students to maintain a strong and healthy body, gain improvement in physical performance and become involved in building a healthy community. The subject provides students with an alternative study mode for theoretical learning. Through reflecting on the experience they gain from participating in sport and physical activity, students can better understand and apply concepts and theories in science, the humanities and social science studies.
Chinese version	體育選修科是否很理	<ul style="list-style-type: none"> 體育選修科的學習很大程度採用問題為本設計，著重幫助學

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version	論化？	<p>生強身健體、提升運動表現及建設健康社區。</p> <ul style="list-style-type: none"> • 體育選修科提供另類學習模式，通過反思體育及運動方面的經歷，讓學生更好地學習和應用科學、人文及社會學科知識。
10. English version	How to prepare junior secondary students for the new senior secondary PE curriculum?	<ul style="list-style-type: none"> • In junior secondary education, teachers are used to infusing the teaching of PE knowledge into daily learning and teaching activities and engaging students in thinking about and discussing issues related to PE. • Teachers have also been offering a broad and balanced PE curriculum for students to learn a wide range of motor and sport skills which provide them with sufficient learning experience to make connections and construct new knowledge in senior secondary both in practical as well as theoretical aspects.
Chinese version	怎樣裝備初中學生修讀高中體育課程？	<ul style="list-style-type: none"> • 教師可於初中體育課滲入體育知識教學，誘發學生對體育議題的思考。 • 教師可於初中體育課提供寬廣而均衡的體育課程，讓學生接觸不同種類的體育技能，以備高中時有足夠學習經歷建構新知識。
11. English version	Does the new senior PE curriculum cater for students with special educational needs (SEN)?	<ul style="list-style-type: none"> • All students will benefit from studying the PE Elective and become more self-regulated in living an active and healthy lifestyle. • Students with SEN who are intellectually capable of pursuing the ordinary curriculum will aim at achieving the same curricular objectives for NSS, and be assessed in the same way as other students but with appropriate assessment accommodation.
Chinese version	體育選修科課程能否照顧學生的特殊教育需要？	<ul style="list-style-type: none"> • 體育選修科課程旨在幫助學生建立自我調控的活躍及健康生活方有學生均有裨益。 • 有特殊教育需要而非智障的學生，應致力達成與其他學生相同的新高中課程目標，並按相同的評核準則接受評估。因應學生的特殊需要，他式，對所們將會在評估中得到特別的安排。
12. English	Are PE teachers capable of teaching	<ul style="list-style-type: none"> • All subject-trained PE teachers are capable of teaching the PE Elective.

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version	the PE Elective? Do PE teachers need a relevant bachelor degree to teach the subject?	<ul style="list-style-type: none"> • EDB has not suggested such a requirement. We will provide resource materials and professional development programmes to enrich the pedagogical content knowledge of teachers.
Chinese version	體育教師有能力任教體育選修科嗎？是否具備相關的學位資格才可教授體育選修科？	<ul style="list-style-type: none"> • 所有曾接受專業培訓的體育教師均有足夠能力任教體育選修科。 • 教育局沒有提出這項要求。我們將會為教師提供教材套及專業發展課程，以提升他們的學科教學知識。
13. English version	What professional development opportunities will EDB provide for teachers?	<ul style="list-style-type: none"> • EDB organises a comprehensive 4-component professional development programmes for teachers, namely, (1) Understanding the curriculum (compulsory), (2) Internal assessment (compulsory), (3) Other Learning Experiences – Physical Development (optional), and (4) knowledge updates and instructional design (optional). In addition, a number of theme-based seminars/workshops are also available.
Chinese version	教育局將會為教師提供甚麼專業發展機會？	<ul style="list-style-type: none"> • 教育局為教師安排完備的專業發展課程，內容涵蓋四個部分：(1)課程詮釋(必修)、(2)校內評估(必修)、(3)「其他學習經歷 – 體育發展」(選修)、及 (4)知識增潤及教學設計(選修)。此外，教師亦可參與不同主題的研討會或工作坊。
14. English version	Are there any other support measures?	<ul style="list-style-type: none"> • Apart from professional development programmes, EDB published the Physical Education (HKDSE) Learning and Teaching Package, and carried out research and development (“Seed”) projects e.g. “movement analysis”, “psychological skills”, “standards of assessment”, etc to help teachers better understand and implement the PE Elective curriculum. In addition, various grants for the implementation of new senior secondary curricula are provided for schools. • EDB has set up a “Physical Education Elective Learning Circle” to form sharing networks in various school districts in support of the implementation of the PE Elective. A related web-based platform is in place: http://www.edb.gov.hk/index.aspx?nodeID=6825&langno=2

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Chinese version	還有其他支援措施嗎？	<ul style="list-style-type: none"> 除專業發展課程外，教育局出版了體育(香港中學文憑)教材套，並進行相關的研究及發展計畫（“種籽計畫”），例如動作分析、心理技能和評核準則等，以幫助教師進一步了解體育選修科課程的設計和實施；此外，亦為學校提供各項與開辦新高中課程有關的津貼。 教育局成立了「高中體育選修科學習圈」，以建立區域分享網絡，支援體育選修科的實施；有關網頁的網址如下： http://www.edb.gov.hk/index.aspx?nodeID=6825&langno=2
15. English version	Will the examination performance in the PE Elective be considered by the tertiary institutions?	<ul style="list-style-type: none"> The PE Elective is recognised as one of the elective subjects (specified or unspecified) for admission to most undergraduate programmes as indicated by the Unified Announcement of University Entrance Requirements under the “334” Academic Structure.
Chinese version	大學收生時會否考慮學生的體育選修科成績？	<ul style="list-style-type: none"> 根據「334」學制大學收生要求聯合公布，體育選修科作為指定或不指定的選修科目，獲得大部分學士課程考慮為入學條件之一。
16. English version	Will students be required to answer public examination questions covering all the theory parts?	<ul style="list-style-type: none"> There will be two papers in the public assessment. Paper I contains multiple-choice questions and short questions. Students need to answer all of them. Paper II contains essay type questions. Students may choose to work on two out of three sections.
Chinese version	公開考試的考卷是否全部題目必答？	<ul style="list-style-type: none"> 公開考試分卷一和卷二。卷一包含多項選擇題及短問題，學生必須全部作答。卷二包含長問題，學生可於在三部分中選擇兩部分作答。
17. English version	Is School-based Assessment (SBA) valid and reliable?	<ul style="list-style-type: none"> Compared with one-shot standardised assessment of physical fitness and/or physical skills, SBA is more valid in that it is based on much more information and is conducted by an assessor who is familiar with the candidate.
Chinese version	校本評核是否具有足夠的效度和信度？	<ul style="list-style-type: none"> 與一次性、標準化的體適能及/或體育技能測試相比，校本評核具有更高的效度，因為它以更充分的資料作依據並由熟悉考生表現的人員執行。

	Question	Answer
18. English version	When will the SBA of PE be implemented?	<ul style="list-style-type: none"> • The Curriculum Development Council (CDC) and the Public Examinations Board (PEB) of the Hong Kong Examinations and Assessment Authority (HKEAA) approved the implementation timetable for SBA in all 24 subjects on 19 March 2007. The SBA of the PE Elective will proceed according to the following schedule: <ul style="list-style-type: none"> • 2012 and 2013: Schools are not required to submit SBA marks. A public practical examination will be administered by the HKEAA to assess the candidates' performance in two physical activities and physical fitness. The public practical examination results constitute 30% of the final subject results. Candidates have to select one physical activity from each of the following two categories: <ul style="list-style-type: none"> a. badminton, basketball, football, table tennis, volleyball; b. athletics, gymnastics, swimming. • Starting from 2014: All schools have to submit SBA marks which constitute 30% of the final subject results.
Chinese version	體育選修科的校本評核何時實施?	<ul style="list-style-type: none"> • 課程發展議會和香港考試及評核局公開考試委員會，於 2007 年 3 月 19 日通過新高中 24 科課程校本評核的推行時間表，其中體育選修科的校本評核將按照以下時間表實施： <ul style="list-style-type: none"> • 於 2012 及 2013 香港中學教育文憑試，學校無須呈交校本評核分數。香港考試及評核局會舉辦公開實習考試評核考生在兩個體育活動及體適能的表現。公開實習考試分數佔全科成績 30%。考生須在下列兩組體育活動中各選一項： <ul style="list-style-type: none"> a. 羽毛球、籃球、足球、乒乓球、排球 b. 田徑、體操、游泳 • 從 2014 年香港中學教育文憑試開始，所有學校均須呈交校本評核分數，並佔全科成績 30%
19. English version	Will private candidates be required to submit school-based assessment (SBA) results?	<ul style="list-style-type: none"> • No. Private candidates are not required to submit SBA results. Their written examination results in Paper 1 & 2 will form the total marks of examination result.

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Chinese version	自修生是否需要呈交校本評核成績?	<ul style="list-style-type: none"> 不需要。自修生於公開考試卷一和卷二筆試得的成績，將會獲計算為體育選修科的總成績。
20. English version	If students transfer to another school at S5 or S6, will their previous SBA results be carried forward to the new school?	<ul style="list-style-type: none"> No. The students are required to undergo two SBAs at the new schools.
Chinese version	若學生於中五或中六階段轉校，他們於原校所取得的校本評核分數是否仍然有效?	<ul style="list-style-type: none"> 否。轉校生須於新校完成兩次校本評核。
21. English version	Will there be enough public sports facilities to administer SBA?	As SBA is part of the learning process, there should be adequate facilities for SBA in schools. EDB will keep on working with the relevant government departments to arrange for priority use of public sports facilities by schools. On the other hand, schools may also use the sports facilities of others schools, or make use of open sporting events to record the results and performances of students.
Chinese version	現時的公共運動設施是否足以應付校本評核的需要?	<ul style="list-style-type: none"> 校本評核是學習的一環，因此學校應有足夠的設施推行校本評核。教育局與有關政府部門保持密切聯繫，以協助學校優先使用公共運動設施。另一方面，學校亦可使用他校的設施，或透過公開運動比賽，以記錄學生的運動成績和表現。
22. English version	Will there be textbooks for the PE Elective? If no, are there other reference materials provided by the EDB for PE teachers?	<ul style="list-style-type: none"> As at today, no textbooks for the PE Elective have been submitted to EDB for vetting. EDB published the Physical Education (HKDSE) Learning and Teaching Package in 2009 for teachers' reference. The Web version can be downloaded at: http://www.hkedcity.net/iworld/resource/index.phtml?iworld_id=96&parent_id=10096.
Chinese version	有否體育選修科課本? 若無，教育局會否有其他參考資料供體育教師使用?	<ul style="list-style-type: none"> 截至目前為止，尚未有體育選修科的課本送往本局審閱。 教育局於 2009 年出版了體育(香港中學文憑)教材套，其網上版可於以下網址下載： http://www.hkedcity.net/iworld/resource/index.phtml?iworld_id=96&parent

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